

# Golden Seniors Softball Club of Sacramento

October 2023

Dear Prospective Club Member,

The Golden Seniors Softball Club of Sacramento (GSSCS) is a non-profit organization set up and run by people, men age 50 or over and women age 40 or over, who enjoy playing softball. Qualifying age is determined as the age you will be on December 31, at the end of the playing year. By requesting an application to join the Club you have indicated you share a common interest with over 500 other members who live in the greater Sacramento area to continue to play softball in our senior years..

GSSCS follows the Senior Softball USA (SSUSA) Rules unless those rules are superseded by GSSCS Playing Rules. GSSCS has created some specific Playing Rules, in the interest of safety, to minimize the possibility of injury to Club members. When you are assigned to a team, you will learn more about the League Playing Rules or you may find them on the Club's website. GSSCS also has a Code of Ethics printed on page 2 of the application which, by signing the Application, all members have agreed to follow.

The Golden Seniors Softball Club has seven different leagues in which a member may be eligible to play. These leagues have eligibility requirements and play on different days of the week and at different ball parks. Some of the rules may vary slightly from one league to another. On the application, you will be asked to select one or more of these leagues. Below is a brief description of the leagues and their requirements.

**League #1:** Monday Day League... for men over the age of 70 and women over the age of 60. The games are played on Monday mornings at the Sacramento Softball Complex and are scheduled at 9:30 am.

**League #2:** Tuesday Day League... for men over the age of 60 and women over the age of 55. The games are played on Tuesday mornings at the Sacramento Softball Complex and are scheduled at 9:00 am.

**League #3:** Tuesday Night League... for men over the age of 50 and women over the age of 40. The games are played at the Sacramento Softball Complex and are scheduled for 6:30, 7:45 and 9:00 pm.

**League #4:** Wednesday Night League... for men over the age of 55 and women over the age of 40. The games are played at the Sacramento Softball Complex and are scheduled for 6:30, 7:45 and 9:00 pm.

**League #6:** Tuesday Day League...for men over the age of 60 and women over the age of 55. The games are played at the Sacramento Softball Complex and are scheduled at 10:30 am.

**League #7:** Monday Day League...for men over the age of 70 and women over the age of 60. The games are played on Monday mornings at the Sacramento Softball Complex and are scheduled at 11:00 am.

**League #8:** Tuesday Day League...for men over the age of 75 and women over the age of 60. The games are played on Tuesday mornings at the Sacramento Softball Complex and are scheduled at both 9:30 and 11:00 am.

If there are not enough teams to support three games Leagues 3 or 4 might change start times for two games to 7:00 and 8:15.

The Sacramento Softball Complex is located on Longview near Watt Avenue, next to Business-80.

You may choose to participate in one league or several. Bear in mind that each league plays approximately 20 games during the season. Joining the Club requires payment of \$25 Club Dues. You may then select as many leagues as you are age qualified to play. Each league has a separate League Fee which varies based upon the cost to operate that league. When you submit the application for membership you must include the Club Dues and total League Fees for the leagues you selected. If, for some reason, you do not play any games in a League you pay for you may request the entire fee be refunded. If you play a portion of the year but you wish to withdraw from the league you may request a partial refund. Any refund must be requested in writing from the Player Agent. A request submitted before May 15 or 4 weeks after joining the Club, whichever is later, will receive a refund for scheduled games not played. Any request made after that time will receive no refund.

Be sure to complete page 3 of the application regarding the amount and type of your previous softball experience. The Club passes this information to the team managers who, in turn, use the information to make selections during the drafting of their teams each

season. This information helps the Club establish some balance among the teams so the skill levels of each team are closely matched. Please also tell us how you found out about the Club so we can better focus our recruitment efforts.

After you have submitted your application, you will receive an Emergency/Medical Information card, a plastic envelope and a luggage loop in the mail. You are asked to complete the information on the card and attach this information to your equipment bag. This information will assist the Club in securing emergency medical care should you be injured on the field. If it becomes necessary for emergency medical personnel to transport you they can remove the bag tag and take it with you to be sure the information is shared with all personnel providing treatment.

The Club sponsors practice sessions/games during the off season. Every Tuesday and Thursday morning at 9 a.m. Club members gather at Carmichael Park, get in some batting practice, split into teams and then play a practice game. You are encouraged to attend some of these practice sessions as it will prepare you for some of the physical exercise required during the season. It will also provide you with the opportunity to get to know the rules and some of the other Club members. At some point you may be invited to attend a “try out” session where the team managers for leagues you have selected will be able to assess your level of play before they make up their teams. Each year managers start the draft with blank rosters and new teams are formed. This usually occurs in the month of February.

Once you are selected to play on a team, the team manager will contact you to ask a few questions about your interests and abilities. The manager will inform you about some practice games which are usually scheduled in the month of March. Be sure to write down the name, phone number and email of the team manager. You may need to contact him or her before the season begins.

Please read the Code of Ethics and the Release and Waiver section of the application. The Club is serious about this. You take responsibility for your own health, safety and behavior. Sign the application under the Release and Waiver section. Should you fail to sign the application, it will be returned to you for your signature. This will delay your membership so please, don't forget.

Please take time to visit the Club's web site: [www.sacramentoseniorsoftball.org](http://www.sacramentoseniorsoftball.org). The web site contains current information, applications and newsletters which are full of information about the Club. You can download the Club's membership applications and pass them on to your friends. You can also call the Club's answering machine (916) 491-1721 to learn about field conditions and any rainouts or other changes in schedules.

We welcome you to the Club and look forward to meeting you and enjoying this time-honored game of softball. Should you have any questions, please do not hesitate to call any of the Club's officers. You can find their contact information on the web site and in each newsletter.

Dave Tanner  
2024 Player Agent  
Text or voice mail: (916) 216-1941  
Email: [davetannergri@yahoo.com](mailto:davetannergri@yahoo.com)

Mail application to:  
Dave Tanner  
P.O. Box 1178  
Elk Grove, CA 95759-1178

# GOLDEN SENIORS SOFTBALL CLUB OF SACRAMENTO

## 2024 MEMBERSHIP APPLICATION

**Application Due Date:** December 31, 2023 (Guaranteed placement in draft if application and full payment received by this date)

**MEMBERSHIP INFORMATION**

Please complete the following to ensure club records are updated and complete. Check the appropriate box for which phone number to show on team roster:

Home Phone \_\_\_\_\_  Cell Phone \_\_\_\_\_  Work Phone \_\_\_\_\_

**Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City/State/Zip:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_ **Gender:** M \_\_\_\_\_ F \_\_\_\_\_

**Spouse/Significant Other Name:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

**CLUB MEMBERSHIP DUES:** I am renewing my membership as a:

**Life Member** (No Club Dues Owed) (If non-playing life member, check the box, go to page 2 and sign)

**Regular Member:** Club Dues \$25

**Club Membership Dues \$** \_\_\_\_\_

**LEAGUE FEE(S):** Place an "X" in the  for each league you intend to play.

*NOTE: Leagues marked with "\*" will be allowed to use SSUSA approved Senior Bats. Players 80 years of age and older in Leagues 1 and 8 may also use those bats.*

| League  | Age Requirement | Location             | Fee                            |
|---|-----------------|----------------------|--------------------------------|
| League 1 – 9:30am Monday  | (M 70+ / W 60+) | Sac Softball Complex | <input type="checkbox"/> \$110 |
| *League 7 – 11:00am Monday  | (M 70+ / W 60+) | Sac Softball Complex | <input type="checkbox"/> \$110 |
| League 8 – 9:30 and 11:00 am<br>Tuesday (Half games at each time) | (M 75+ / W 60+) | Sac Softball Complex | <input type="checkbox"/> \$90  |
| *League 2 – 9:00am Tuesday  | (M 60+ / W 55+) | Sac Softball Complex | <input type="checkbox"/> \$120 |
| *League 6 – 10:30am Tuesday                                       | (M 60+ / W 55+) | Sac Softball Complex | <input type="checkbox"/> \$120 |
| *League 3 – Tuesday Night   | (M 50+ / W 40+) | Sac Softball Complex | <input type="checkbox"/> \$135 |
| *League 4 – Wednesday Night                                       | (M 55+ / W 40+) | Sac Softball Complex | <input type="checkbox"/> \$135 |

**Total League Fees \$** \_\_\_\_\_

**Grand Total of Club Dues and League Fees \$** \_\_\_\_\_

|  |  |
|--|--|
| How many games do you expect to miss due to game time, vacations, work, or elective surgery? | _____  |
| Are you still recovering from an injury, a surgery or an illness?                            | Yes ____ No ____ (If Yes, please explain)<br>_____ |

**Please complete and sign the reverse side of this form**

**Membership Dues and Fees:** Membership dues are established each year by the Board of Directors. The dues and fees cover the costs associated with the fields, the scorekeepers and the umpires as well as uniforms, equipment, printing, postage, newsletter and Club supplies. The 2024 season dues and fees are as shown on page 1. They are a slight increase over the 2023 Club Dues and League Fees.

**Membership Application:** Each year, a renewal application must be received from each Club Member to continue as a Golden Senior. A check for the full amount of membership dues and league fees, plus any past due amounts, must accompany the renewal application unless prior arrangements are made with the Club's Player Agent. Installment payments on the full amount may be arranged. *All refund requests must be made in writing to the Player Agent by May 15, 2024 or four weeks after the first game played, whichever is later.*

Make checks payable to G.S.S.C.S. and send the application with check to the Club's Player Agent:

Dave Tanner, P.O. Box 1178

Elk Grove, CA 95759-1178

To guarantee inclusion in the draft for each League, the application and dues must be received by DECEMBER 31, 2023. If the application is received after this date no priority will be given.

### RELEASE AND WAIVER

I, hereby, assume full responsibility for the risk of injury and/or consequences for participating in games of the Golden Seniors Softball Club of Sacramento.

I hold harmless the GSSCS officers, directors, commissioners, managers and all members and sponsors in the event of any injury or illness I may incur while participating in Golden Senior Club games and activities.

### CODE OF ETHICS

As a member of the Golden Seniors Softball Club, I agree that I will conduct myself as a gentleman/lady at all times and when participating in Club activities, I will:

1. Abide by the Rules and By-Laws of the Club as well as the decisions of Club Officials.
2. Accept the decisions of the umpires and my team manager.
3. Avoid bodily contact that may cause injury to myself or others.
4. Refrain from publicly degrading fellow Club members and umpires.
5. Never direct abusive or profane language at an official or fellow Club members.
6. Always act in the best interest of my team and teammates.
7. Control the use of alcoholic beverages so as not to offend anyone or to cause adverse criticism of the club.

Signature of Club Member: \_\_\_\_\_ Date: \_\_\_\_\_

Will you need a substitute runner when on base? Positions you are unable to play for health reasons:

I request to play with: (This request will generally only be honored for significant others or carpools)

I do not wish to play for or to play with:

**Please complete both sides of this form**

**PREVIOUS SOFTBALL EXPERIENCE:**

Printed name: \_\_\_\_\_ Phone # \_\_\_\_\_

Leagues joining \_\_\_\_\_ Email \_\_\_\_\_

When was the last time you played softball? \_\_\_\_\_ At what level did you play? \_\_\_\_\_

Your height: \_\_\_\_\_ Your weight: \_\_\_\_\_ Positions you can play: \_\_\_\_\_

Positions you cannot play due to physical limitations \_\_\_\_\_

Bat: R or L Throw: R or L Your speed: Fast – Average – Slow (circle one)

Usual position in the batting order: Top – Middle – Bottom (circle one)

Comments: \_\_\_\_\_

Are you currently certified in any of the following?

First Aid       CPR       AED

How did you hear about Golden Senior Softball Club, Sacramento?

- Know following active Club Member \_\_\_\_\_
- Newspaper
- Magazine
- Radio/TV
- Internet / Club Website
- Other \_\_\_\_\_