



## *Golden Seniors Softball Club of Sacramento*

Website: [sacramentoseniorsoftball.org](http://sacramentoseniorsoftball.org)

Club Phone Line: 916-491-1721

GSSCS is recruiting active individuals who are interested in the game of softball. You do not need to be a tournament player to be part of our leagues.

- We offer 9 leagues based on minimum age requirement as noted below.
- Qualifying age is based on your age as of December 31<sup>st</sup> of playing year.
- Men and Women are welcomed in all leagues
- Day and Night leagues available
- Leagues are played at Howe Park or Sacramento Softball Complex
- Leagues run from Mid-March to Mid/Late September
- League Shirts provided. (Must be returned at end of season)
- Modified playing rules to help reduce injuries
- Night leagues game times may be: 6:30p, 7:45p or 9pm or 7:00pm & 8:15pm dependent upon on number of teams in league.
- Most leagues allow use of SSUSA approved senior bats marked 1.21 BPF
- Low cost club membership and league fees
- General Membership meetings held at VFW on Stockton Blvd.

**League #1:** Monday Day League (9:30am) at Howe Park

Age Requirement: Men 70 and Women 60. (Senior bats not allowed in this league)

**League #2:** Tuesday Day League (9:00am) at Sacramento Softball Complex

Minimum Age Requirement: Men 60 and Women 55.

**League #3:** Tuesday Night League at Sacramento Softball Complex

Minimum Age Requirement: Men 50 and Women 40.

**League #4:** Wednesday Night League at Sacramento Softball Complex

Minimum Age Requirement: Men 55 and Women 40.

**League #5:** Thursday Night League at Sacramento Softball Complex

Minimum Age Requirement: Men 48 and Women 40.

**League #6:** Tuesday Day League (10:30am) at Sacramento Softball Complex

Minimum Age Requirement: Men 60 and Women 55.

**League #7:** Monday Day League (11:00am) at Howe Park

Age Requirement: Men 70 and Women 60.

**League #8:** Tuesday Day League (9:30am) at Howe Park:

Age Requirement: Men 75 and Women 60. (Senior bats not allowed in this league)

**League #9:** Tuesday Day League (11:00am) at Howe Park

Age Requirement: Men 75 and Women 60. (Senior bats not allowed in this league)

If interested in joining any of GSSCS leagues, you may download an application or signup online from our website at [www.sacramentoseniorsoftball.org](http://www.sacramentoseniorsoftball.org). You may also contact our Club's Player Agent, Dave Tanner at 916-216-1941 or any of our Club Officers for more information.